

[1-7] Read the passages again. Choose the correct answers.

1. (Germs / Jars) do not like the acid in vinegar.
2. Ships at sea often had (eggs / barrels) of salted meat.
3. Since germs like (refrigerators / moisture), people dry food too.
4. Sometimes fermented foods can be (smelly / happy).
5. Fermented foods have good (bacteria / guts) called probiotics.
6. The (vitamin / gut) makes a chemical called serotonin.
7. These foods have something (in common / in easy).

[8-9] Go back to the passages. Complete the sentences.

8. Salting is a common way to keep food for a long time.
→ Salting is a popular way to _____ food.
9. To have a healthy brain, you must have a healthy gut.
→ A healthy gut is _____ for a healthy brain.

[10-12] Read and choose the correct answers.

Germs like moisture, but they do not like the acid in vinegar. Food preserved in vinegar is "pickled." Before refrigerators, people often pickled fruits, vegetables, eggs, meat, and fish. Even today, you can see pickled foods in jars at the store.

10. Germs like the acid in vinegar. True / False
11. Today, there are pickled foods in jars at stores. True / False
12. What is NOT true about pickled foods?
 - a) They are preserved in meat.
 - b) They are in jars at stores.
 - c) They are preserved in vinegar.

[13-15] Read and choose the correct answers.

A healthy gut is needed for a healthy brain. The gut makes an important chemical for the brain. This chemical is called "serotonin." Serotonin helps us feel happy.

13. What is the paragraph mainly about?

- a) when the gut makes chemicals
- b) how the brain makes serotonin
- c) why the gut is important for the brain

14. What is serotonin?

- a) It is a gut.
- b) It is a vitamin.
- c) It is a chemical.

15. What is NOT true about the gut?

- a) It makes a chemical called serotonin.
- b) It has a connection with the brain.
- c) If it is healthy, the brain is not healthy.