

[1-7] Read the passages again. Choose the correct answers.

1. Skin is the largest (muscle / organ) in your body.
2. Skin (covers / sweats) your entire body.
3. Skin absorbs sunlight and (cools / produces) vitamin D.
4. Vitamin D keeps your muscles and (bones / bugs) healthy.
5. (Build / Brush) your teeth at least twice a day.
6. Plaque is a (sticky / healthy) coating with lots of dangerous bacteria.
7. Set a healthy (routine / smile).

[8-9] Go back to the passages. Complete the sentences.

8. You can feel different things with your skin.
→ Skin gives you the _____ of touch.
9. Get a new toothbrush after three months.
→ Change your toothbrush _____ three months.

[10-12] Read and choose the correct answers.

What is the largest organ in your body? Is it the heart or the lungs? Neither. It is the skin! Skin covers your entire body. Most skin is only 2 millimeters thick, but it does so much for your health.

10. Skin covers a small part of your body. True / False
11. The heart is the largest organ in your body. True / False
12. What is NOT true about skin?
 - a) It covers your entire body.
 - b) It is the smallest organ in your body.
 - c) It does so much for your health.

[13-15] Read and choose the correct answers.

Brush your teeth correctly. Brush up-and-down and in small circles, not side-to-side. Brush for at least two minutes. But do not brush too hard. It can hurt your tooth enamel and gums. Try to floss before you brush. It will get rid of the spinach between your teeth!

13. What is the paragraph mainly about?

- a) why people floss after brushing
- b) how to brush your teeth correctly
- c) what healthy teeth look like

14. How should you NOT brush your teeth?

- a) up-and-down
- b) side-to-side
- c) in small circles

15. What is true about brushing?

- a) You should brush for at least five minutes.
- b) You should brush before you floss.
- c) You should not brush too hard.