

Level 3-7

Heidi

Workbook

Teacher's Guide and Answer Key

Teacher's Guide

A. Summary

1. Book Summary

Heidi is a story about an orphan called Heidi who befriends a sick girl and helps to make her better.

Heidi lived with her grandfather in the mountains. She was very happy there. Peter was her friend. He looked after the goats. They played together in the mountains.

One day, Heidi's aunt came and took her to the city to live with a girl called Klara. Klara was often tired because she was sick. Klara sat in a wheelchair because she could not walk. She needed a friend to play with. Heidi liked Klara.

In the city, Heidi learned to read, but she was lonely and missed the mountains. She missed her home so much that she started to get very sick. The doctor told Klara's father that Heidi must go back home.

Heidi moved back to the mountains. In the spring, Klara came to visit her. Heidi's grandfather gave Klara goat's milk to drink. She became strong and healthy.

Heidi and Klara played together a lot. Peter was upset because Heidi did not play with him as much as she used to because Klara was there.

Peter wanted Klara to go back to the city, so he pushed her wheelchair down the mountain. The wheelchair broke.

Since her wheelchair was gone, Klara tried to walk, and she did! Klara's father and grandmother were very happy. Heidi and her grandfather were happy too. Peter did a naughty thing, but it turned out to be for the best. If he had not done it, Klara would not have tried to walk.

2. Section Summary

► **Pages 6-11:** Heidi's parents died when she was a baby, so she lived with her grandfather in the mountains. She played with her friend, Peter, and did not go to school. One day, her aunt came and took her to live in the city with a girl called Klara.

► **Pages 12-19:** Klara lived in a big house, but she was sick, and she could not walk. She sat in a wheelchair. While in the city, Heidi learned to read. But Heidi became very sick because she missed her life in the mountains. The doctor said she had to go back to the mountains. So she packed her things and went home.

► **Pages 20-26:** Klara visited Heidi in the mountains. She drank goat's milk, and she got healthy and strong. Peter was jealous that Heidi played with Klara so much. He wanted Klara to go home, so he pushed her wheelchair down the mountain. The wheelchair broke. Klara tried to walk, and she did it! Everyone was happy. Peter did something bad, but it turned out to be good after all.

B. Background and Themes

★ **Health vs. Wealth:** Health is much more important than wealth. Without our health, we cannot enjoy life to the fullest, and we miss out on a lot. Heidi and her grandfather were not rich, but they were very happy and very healthy. They were able to enjoy life and play outside. Klara's family was very rich, but Klara was weak and sick. She could not walk. When she went to the mountains to visit Heidi, she became healthy and strong enough to walk. Klara's family was so happy to see her walk. Her health was much more important than money.

★ **Honesty:** Honesty is always the best policy. Peter should have told Heidi that he was feeling left out. Instead, he tried to get rid of Klara by taking her wheelchair away from her. In the end, he told the truth. But he could have avoided getting into a lot of trouble by talking to Heidi about how he was feeling.

★ **City Life vs. Country Life:** There is an old debate about which is the better place to live in: the city or the country. This story shows that life in the country can be good for one's health. Fresh air, fresh milk, hard work, and outdoor activities are very good for us. When Heidi was in the city, she usually stayed indoors, and she became pale and sick. When she returned to the country, her health improved. It was the same for Klara. In the city, she was

sick and had to use a wheelchair. In the country, she became healthy and strong enough to walk.

★ **Children Without Parents:** The children in the story all have something in common. They each have lost one or both parents. Sometimes, parents die, leaving their children to be cared for by others. The children in the story each have a grandparent who loves them very much. Life can be difficult for children when their parents die, but these children are very lucky that their relatives take care of them.

★ **A Blessing in Disguise:** Sometimes things happen that seem bad, but they turn out to be good in the end. Peter was angry, so he pushed Klara's wheelchair down the mountain, and it broke. Peter felt bad that he broke it, but if he hadn't broken Klara's wheelchair, she might not have tried to walk. So, the broken wheelchair turned out to be a blessing in disguise for Klara.

Answer Key

Part A. Story Focus

Before You Read

(Answers may vary.)

► Introduction

1. It was written more than 130 years ago.
2. She wrote it for children and people who love children.
3. They are called the Alps.

► Characters

1. Heidi	2. Peter
<u>orphan</u> <u>pink cheeks</u>	<u>looked after goats</u> <u>Heidi's friend</u>

3. Klara	4. Miss Rottenmeier
<u>lived in the city</u> <u>sat in a wheelchair</u>	<u>strict</u> <u>looked after Klara</u>

While You Read

(Answers may vary.)

► Beginning: Pages 6-11

A. Preview Questions

1. It is about a girl who lives in the mountains.
2. Another story is Oliver Twist.
3. I would like to live in the country.

B. Review Questions

1. Her Aunt Deta looked after her.
2. He took them up the mountain to find good grass to eat.
3. She went to the city to live with Klara.

► Middle: Pages 12-19

A. Preview Questions

1. It is about Heidi's life in the city.
2. Another story is The Town Mouse and the Country Mouse.
3. I would not be able to play some sports.

B. Review Questions

1. She was in a wheelchair because she could not walk.
2. She learned to read so she could keep the colorful storybook Klara's grandmother gave her.
3. They thought she was a ghost because she walked through the house at night.

► End: Pages 20-26

A. Preview Questions

1. It is about Heidi going back to the mountains.
2. I would rather be in a wheelchair.
3. I do not think I can run a marathon.

B. Review Questions

1. She was blind.
2. Drinking goat's milk made her healthy and strong.
3. Peter broke her wheelchair.

Mini Quiz

a. Too many cooks spoil the broth.

→ If too many people are involved in something, it will not be done right.

b. Health is better than wealth.

→ It's better to be in good health than to be rich.

c. Beauty is only skin deep.

→ A person's character is more important than his or her appearance.

After You Read

(Answers may vary.)

► Pattern Practice

4. B: They will have to go to the city!
5. A: We will have to study more!

► Challenge

1. I will play board games with my friend.
2. I will help my friend exercise and get fresh air.
3. I will do something that both my friends would enjoy.
4. My friend could teach me how to use a wheelchair.

Part B. Skill Focus

Vocabulary Preview

A.

1. blind
2. naughty
3. difficult
4. mansion
5. strict
6. carpenter

b	l	i	g	h	y	p	b	l	o
d	i	f	f	i	c	u	l	t	c
s	a	n	m	r	a	f	i	d	m
a	t	e	l	f	r	o	n	g	a
d	j	r	s	k	p	r	d	e	n
w	o	u	i	l	e	f	f	r	s
c	d	m	w	c	n	p	t	a	i
n	a	u	g	h	t	y	m	s	o
b	l	i	n	g	e	s	b	i	n
a	p	c	d	a	r	c	a	f	g

B.

1. b
2. b
3. a
4. a
5. b
6. b
7. a

Reading Comprehension

► Beginning: Pages 6-11

A.

1. F 2. F 3. F 4. T 5. T

B.

1. b 2. d 3. a 4. c

C.

1. b 2. c 3. d 4. a 5. b

► Middle: Pages 12-19

A.

1. F 2. T 3. T 4. F 5. T

B.

1. d 2. b 3. a 4. c

C.

1. a 2. b 3. c 4. b 5. d

► End: Pages 20-26

A.

1. T 2. F 3. T 4. F 5. F

B.

1. Heidi
2. Heidi's Grandfather
3. Peter
4. Klara

C.

1. d 2. c 3. d 4. b 5. c

Think and Write

- | | | | | |
|--------------|----------------|----------|---------------|----------|
| 1. parents | 2. grandfather | 3. play | 4. city | 5. sick |
| 6. mountains | 7. milk | 8. broke | 9. wheelchair | 10. walk |

Vocabulary Review

1. Heidi was an orphan.
2. Peter took the goats to look for good grass.
3. Heidi quickly packed her bag.
4. Miss Rottenmeier was very strict.
5. Heidi thought reading was too difficult.
6. Heidi's pale skin made her look like a ghost.
7. Klara gave Heidi a shawl for Peter's grandmother.
8. Heidi's cheeks were pink again.
9. Peter did something naughty.
10. Peter was sorry for breaking Klara's wheelchair.

Summary

A.

e → a → c → f → d → b

B.

1. Heidi moved to the city to live with Klara.
2. Heidi got sick and looked like a ghost.
3. Peter broke Klara's wheelchair.

Book Report

Story c → e → a → b → d